

*Updated May 2016*

*Dr. Debbie Sookman is Director of the Obsessive Compulsive Disorder (OCD) Clinic, McGill University Health Center (MUHC), Department of Psychology, Associate Professor, Department of Psychiatry, Faculty of Medicine, McGill University, Montreal, Canada, and President of The Canadian Institute for Obsessive Compulsive Disorders ([www.ciocd.ca](http://www.ciocd.ca)). Dr. Sookman is an internationally known expert in the assessment and treatment of OCD and related disorders. To date she has assessed and treated (or supervised the treatment of) over nine thousand patients suffering from OCD. Her clinical work, research, and numerous publications focus on improving treatment response of particularly difficult-to-treat symptoms, in order to achieve recovery for as many patients as possible. She has developed specialized cognitive and behavioral interventions for severe OCD of different subtypes. Dr. Sookman's most recent publications include a special OCD section in *Psychiatry Research*, 2015 and an invited book: *Specialized Cognitive Behavior Therapy for Obsessive Compulsive Disorder: An Expert Clinician Guidebook*, Routledge, 2016. Dr. Sookman is an invited member of the Canadian OCD Research Collaborative Group and the international clinician/researcher group of experts in OCD, the Obsessive Compulsive Cognitions Working Group. She is a Fellow of the Canadian Association of Cognitive and Behavioral Therapies, and a Fellow and Certified Trainer/Consultant of the Academy of Cognitive Therapy, USA.*

*Dr. Sookman established The Canadian Institute for Obsessive Compulsive Disorders whose professional committees comprise over 60 national and international experts on OCD and related disorders through the lifespan as well an active grassroots community network.*